

# La Leche League

## Meetings in Chester County



April 2017 – March 2018  
Free scheduled meetings on  
**BREASTFEEDING YOUR BABY**

### TOPICS INCLUDE:

1. THE IMPORTANCE OF BREASTFEEDING
2. THE BABY ARRIVES: THE FAMILY AND THE BREASTFED BABY
3. THE ART OF BREASTFEEDING AND AVOIDING DIFFICULTIES
4. NUTRITION AND WEANING
- T. EXTENDED NURSING, TODDLER SAFETY, LOVING GUIDANCE, & TIPS

### PREGNANT?

Plan for success...  
Meet us before you  
meet your baby!!

Nursing Babies And Non-Separating Toddlers  
Are Always Welcome at Our Meetings.



<http://www.beanmom.com/laleche>

## Groups & Meeting Dates

**DOWNINGTOWN:** 7:30 p.m. Tuesday  
Messiah Lutheran Church; 46 W. Lancaster Ave.,  
Downingtown. Judy 610-363-6206.

D = Dads welcome

Topic #		Topic #	
4	Apr 25, 2017	2-D	Oct 24, 2017
1	May 23, 2017	3	Nov 14, 2017
2-D	June 27, 2017	4	Dec 12, 2017
3	July 25, 2017	1	Jan 23, 2018
4	Aug 22, 2017	2-D	Feb 27, 2018
1	Sept 26, 2017	3	Mar 27, 2018

**EXTON-LIONVILLE:** 7:30 p.m. Wednesday  
Exton Community Baptist Church;  
114 E. Swedesford Rd., Exton, back door of house  
across the lot from church. Judy 610-363-6206.

Topic #		Topic #	
3	Apr 12, 2017	1	Oct 11, 2017
4	May 10, 2017	2	Nov 08, 2017
1	June 14, 2017	3	Dec 13, 2017
2	July 12, 2017	4	Jan 10, 2018
3	Aug 09, 2017	1	Feb 07, 2018
4	Sept 13, 2017	2	Mar 14, 2018

**KIMBERTON:** 10:00 a.m. Tuesday  
Centennial Evangelical Lutheran Church; 1330  
Hares Hill Rd., Kimberton.  
Jill 484-999-0848, Kristina 610-321-0319.

Welcoming nursing parents with their  
partner / support person to all meetings.  
T = Toddler Meeting

Topic #		Topic #	
T	Apr 04, 2017	1	Oct 03, 2017
1	May 02, 2017	2	Nov 14, 2017
2	June 06, 2017	3	Dec 05, 2017
3	July 11, 2017	4	Jan 02, 2018
4	Aug 01, 2017	T	Feb 06, 2018
T	Sept 05, 2017	1	Mar 06, 2018

**WEST CHESTER:** 9:30 a.m. Tuesday  
600 E Marshall St, Ste 302, West Chester.  
(elevator on Maple Ave. side).  
Kara 484-402-6204, Shelly 484-883-0572.

Welcoming nursing parents with their  
partner / support person to all meetings.

Topic #		Topic #	
2	Apr 18, 2017	4	Oct 17, 2017
3	May 16, 2017	1	Nov 21, 2017
4	June 20, 2017	2	Dec 19, 2017
1	July 18, 2017	3	Jan 16, 2018
2	Aug 15, 2017	4	Feb 20, 2018
3	Sept 19, 2017	1	Mar 20, 2018

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### LLL Memberships: \$30, \$50, \$100 / year

[www.llofeasternpa.org/membership.php](http://www.llofeasternpa.org/membership.php)

- ❖ Receive discount on registration for LLL E. PA Parenting Conference.
- ❖ Support your local Group as well as La Leche League USA.
- ❖ Join a worldwide parent support network.

*Our mission is to help mothers worldwide to breastfeed through mother-to-mother support, education, information, and encouragement and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother.*



Visit us on Facebook,  
La Leche League Groups of Chester County, PA

### World Breastfeeding Week

August 1-7, 2017; Watch our Facebook page for details on our Live, Love, Latch! event in August to celebrate.

### Find more LLL Groups

<http://www.LLLUSA.org/locator/>